

How to make a Ghost, Mummy, and Swamp Monster costume



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Introductions

Mummy Costume

A mummy costume can take more than just wrapping around toilet paper around your body. Using these instructions, you can make an incredible costume just using materials around the house or at local stores near you. People in the acting industry also use this method when construction the costumes for the next mummy movie. So you too, can be the center of attention at your friend's Halloween party.

Ghost Costume

Making a tradition ghost costume is quick easy and cheap! This is a guide is the quickest and easiest way including buying the materials, assembling the costume, and some tips in case a problem is encountered. The costume should be complete in about 10-15 minutes and then trick or treating may begin.

Swamp Monster

Each year Halloween costumes become more and more expensive, and the quality of these high priced costumes are lacking. However, by making your own costume, you can be more creative, and save money at the same time. The instructions for the swamp monster are simple and easy to understand, and the materials needed to make it are easily available.

Ghost Costume

Pre Instructions

Find/buy materials needed and place on a table spread out and have the person wearing the costume in the room so that the sizing can be measured while making the costume.

Supplies & Materials

Materials	Price (in Dollars)
White Sheet	\$10.00
White or Light-Colored Baseball Hat	\$12.00
Scissors	\$1.00
Black Marker	\$1.00
4-5 Pins	\$.99
Total	\$24.99

Instructions:

1. Cut the brim off a light colored Baseball hat. if you dont want to cut the brim off the hat you can just wear it backwards
2. Drape the sheet over the head of the person wearing the ghost costume. if it drags on the floor too much, then mark the place where it should be cut.
 - The Costume should drag the floor a little to create a floating effect but not so much the person wearing it trips.
3. Mark the center of the persons head with a black marker.
4. Mark the eyeholes. Have the person under the sheet poke out his fingers to where his eyes are, and draw little dots there.
5. Remove the sheet and pin it to the baseball hat. The mark you made in the center of the person's head should go in the center of the baseball hat.
 - Pin the sheet around the hat using three or four more pins
 - If you don't want the black dot on the top of the head t be noticeable, you can flip the sheet over. You should still be able to see where the mark on the top of the head is, but it will be less visible.
 - You could also just cover the mark with white-out.

6. Cut the eyeholes. Cut the eyeholes where the eye positions were marked, and circle them with black magic marker. The eyeholes should be at least twice as big as the person's eyes.
7. Draw a mouth and nose. Use the marker to draw a nose and a mouth. You can cut a hole on the nose or mouth to make it easier to breathe.
8. If the sheet was too long, cut it. If you marked a place where the sheet could be cut, cut along that line.

Mummy Costume

Pre Instructions

1. Layout all materials on the table, so you can reach them as quick as possible
2. Unfold your white sheets to cut with more ease
3. Pre-heat $\frac{3}{4}$ of water in a large pot for the dyeing portion of the fabric
4. Plug in your sewing machine

Supplies & Materials

You will need the following materials in order to complete your scary mummy costume:

Supplies	Price
White long sleeve shirt and pants	\$20.00
Black eye shadow	\$2.50
White socks	\$2.00
Scissors	\$1.00
Two Old or used white sheets	\$2.00
Sewing Machine	\$40.00
20 Tea Bags	\$3.00 per box
Large Spoon	\$1.00
White Gloves	\$1.00
10 Safety Pins	\$0.99
Baby Powder	\$1.50

Clorox Wipes	\$3.00
Total	\$79.99

These materials cost around \$80. Prices vary depending on the store you purchase them. The materials can be found in craft store such as Michael's or Hobby Lobby. The clothing materials can be found in thrift stores for better prices, Walmart, Target, Dollar General, and other similar stores. This costume will take approximately 5-6 hours to piece together.

Instructions

1. Layout the white sheets on a flat surface and cut 2 to 3 inch slits down the sheet
2. Tear the strips from the slits that you have cut along the length of the sheet
3. Next, to dye the strips in an off white color, place the strips in your pre-boiling water
4. Add a handful of tea bags into the pot of boiling water
5. Stir the materials for 30 minutes to an hour
6. Use a large spoon to take out the fabric and let it air dry
 - a. Caution: Hot water can cause severe burns to the skin
7. Place the bandages around the front of your long sleeve shirt from the bottom to the top, stopping around the chest area
8. Sew the bandages around all sides of the shirt, pants, and sleeves but you do not have to be precise.
9. Next, put on your costume along with your white socks and gloves.
10. Tie four or five bandages together.
11. Cover your face, except for eyes and mouth, with the tied bandages
12. Use safety pins to secure the bandages.
 - a. Caution: You must put the safety pins on the bandages and not the face. Safety pins can cause bleeding if one is not careful.
13. Spread baby powder all over the costume to give an ancient mummy look
14. Apply black eye shadow under the base of your eyes and on the cheekbones
15. You are now a mummy!

Swamp Monster

Pre Instructions

Before starting to make your Swamp Monster costume, make sure to have all of the materials needed. Make sure to try on the shirt and pants that you will be wearing, so to ensure that they will fit properly.

Supplies & Materials

Long sleeve Green Shirt	\$10.00	Dark Colored Pants	\$15.00
Spanish Moss	\$12.72	Scissors	\$1.00
Spray Adhesive	\$6.89	Dark Colored Shoes	\$15.00
Any Colored Socks	\$2.00	Paper Towels	\$1.99
Hand Soap	\$3.00	Black Face Paint	\$4.90
Green Face Paint	\$4.90	Green colored Gloves	\$5.00
Overall Total			\$82.40*

*If you do not already have dark colored shoes, soap, paper towels, socks, and scissors

Total	44.41*
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*Total with just Shirt, adhesive, face paints, and gloves

Instructions

Making the Shirt

1. Place the long sleeved green shirt on a flat surface.
2. Take hold of the scissors
3. Using the scissors, cut a zig-zag pattern all the way around both of the arm holes
4. Open the bag of Spanish moss
5. Place a string on moss on the right shoulder of the shirt
6. Open the cap of the Spray adhesive
7. Take the moss off of the shoulder, remembering where it was located before
8. Spray a small amount of the adhesive on the spot where you want to place the moss.
9. Stick the moss on the adhesive you just sprayed on the shirt
10. Press the moss lightly onto the shirt, so it will stay
11. Repeat steps 3 through 8 on other spots of the shirt as desired
12. After gluing the desired moss on the shirt, let the shirt sit for a few minutes

Putting the costume on

1. Handling the shirt delicately, slip in on.
2. Put on the dark colored pants
3. Put on socks
4. Put on the dark colored shoes
5. Tied the shoes, if needed

Painting the Face

1. Do not complete this part until you have already made, and put on the shirt.

2. Pick up the green body/face paint
3. Pick up the black face paint
4. Go to the bath room
5. Place the black and green paint on the counter
6. Open the green body/face paint.
7. Using the mirror, apply the green face paint on the entire surface of your face.
8. Turn on the faucet.
9. Squirt some soap into your hand
10. Wash your hands.
11. Turn the water faucet off
12. Dry your hands off with a paper towel
13. Close the green face paint tube
14. Open the black face paint tube
15. Apply a dime sized amount on your finger tip
16. Use the mirror to see
17. Rub the black face paint on your left eye lid
18. Squirt another dime sized amount on your finger tip
19. Use the mirror to see
20. Rub the black face paint on your right eye lid
21. Turn on the water faucet
22. Squirt some soap in your hand.
23. Wash your hands
24. Turn off the water faucet
25. Dry your hands with a paper towel
26. Close the black face paint tube

Completing the costume

1. Open the package of the green colored gloves
2. Put the gloves on.
3. Your costume is now complete

Troubleshooting

Mummy Costume

- What is an alternative of tea bags to dye the fabric?
 - You can use watered down coffee to dye the fabric as well.
- How can I make the drying process go faster?
 - To dry the strips faster you can tie them together, place them in a pillowcase, and put it in the dryer for about 30 minutes.
- Can I use something else to secure the bandages?
 - Bobby pins can be another alternative and add the effect of the bandages falling out of place.
- Is there another way of applying the bandages on the clothing instead of sewing?
 - Yes, here are some additional steps of applying the bandages:
 - Put on your white long sleeve shirt and pants
 - Tie knots using your bandages to cover your body
 - Start wrapping from the leg area but avoid wrapping around the waistline

Note: If you run out of bandages just tie another strip or start with a new one

- Wrap from above the waist to over the shoulders
- Wrap your hands between the fingers, around the base of the thumb, onto the wrist, and repeat
- Work your way up the shoulders

Ghost Costume

1. This costume is more effective when trick or treating, if you plan on going to a party the costume should be modified by cutting a hole for the head and painting the hair and face.
2. Small children get finicky under ghost costumes. If your child really wants to be a ghost, the face-paint method may work better as well.
3. Wearing light colored shoes will make the costume look more authentic.

Swamp Monster

Did you not find a long sleeve shirt or gloves?

It's okay! Just use the Green face paint on your arms and/or hands

Can't find spray adhesive?

A hot glue gun is a good substitute.

Unable to find Spanish moss?

Any sort of foliage is acceptable, especially anything vine-like

Clean-Up

Mummy Costume:

1. If you have left over strips of fabric, you can save it to make your niece or nephew a costume, or dispose of it in the trash.
2. The water and tea bags used to dye the fabric should be thrown in the trash bin as well.
3. If the baby powder and makeup have made a mess use the Clorox wipes to clean up on all the surfaces.
4. Store the sewing machine and safety pins in an out of reach area out of the way of children.

Ghost Costume:

Put all supplies back where they came from and put excess sheet in the trash, if there is any.

Swamp Monster Costume:

After completing your costume, make sure that the caps are on each face paint container, and the adhesive spray container, and throw away any paper towels, or trash you may have had.